



**Chicken, FC Fiery Fingers®, Breast Tenders avg.  
188/.85oz**



Product Last Saved Date:13 May 2016

**Nutrition Facts**

Serving Size: 96 GR

Number of Servings per Package: 47

**Amount Per Serving**

Calories: 210      Calories from Fat: 130

**% Daily Value\***

<b>Total Fat</b>	14 g	22%
Saturated Fat	3.5 g	17%
Trans Fat	0 g	
<b>Cholesterol</b>	60 mg	20%
<b>Sodium</b>	810 mg	34%
<b>Total Carbohydrate</b>	3 g	1%
Dietary Fiber	0 g	0%
Sugars	0 g	

**Protein** 18 g

<b>Vitamin A</b>	Per Srv	0%	<b>Vitamin C</b>	Per Srv	0%
<b>Calcium</b>	2%		<b>Iron</b>	4%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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**Product Specifications:**

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
5814		10038034581407	1 X 1 X 10 LB	case

Brand	Brand Owner	GPC Description
Brakebush®	BRAKEBUSH BROTHERS INC.	Chicken - Prepared/Processed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.68 LB	10 LB	USA	No	No

**Shipping Information**

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.5 IN	8.63 IN	8.75 IN	0.58994 CF	16x8	545 Days	0 FA / 0 FA

**Ingredients :**

INGREDIENTS: CHICKEN BREAST WITH RIB MEAT, WATER, SEASONING (MALTODEXTRIN, SALT, GARLIC POWDER, SODIUM TRIPOLYPHOSPHATE, SPICES, SOYBEAN OIL, SPICE EXTRACTIVE, EXTRACTIVES OF PAPRIKA), COATED WITH WHEAT FLOUR, VINEGAR POWDER (MALTODEXTRIN, FOOD STARCH-MODIFIED, VINEGAR), SALT, MALTODEXTRIN, EGG WHITE POWDER, PAPRIKA, SPICES, COLORED WITH OLEORESIN PAPRIKA, CARAMEL COLOR, DEXTROSE, MALIC ACID, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE).

**Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):**

Eggs - C	Milk - N	Peanuts - N
Soy - N	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	Nuts - N

**Handling Suggestions :**

Keep frozen

**Benefits :**

5814-Fully cooked spicy chicken breast tenders with rib meat, Chopped and formed, Coated with seasoning, Caramel color added

**Serving Suggestions :**

For recipe ideas contact your Brakebush Sales Representative or call 800-933-2121.

**Prep & Cooking Suggestions :**

PREPARATION: COOK TO A MINIMUM OF 165°F. BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 8-10 MIN. COOK ON PREHEATED GRILL AT 400°F AND GRILL 4-7 MIN., TURNING ONCE. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F FOR 10-15 MIN. BROIL IN PREHEATED BROILER FOR 5-10 MIN. DEEP FRY AT 350°F FOR 2-3 MIN. MICROWAVE ON HIGH ABOUT 1 MIN. PER SERVING, ROTATE ONCE. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

**More Information :**

4 pieces equals a serving.  
For more information call 800-933-2121