



Chicken, FC Chik'N'Zips® Grilled Shaped Italian Breast Strips



Product Last Saved Date:13 May 2016

Nutrition Facts

Serving Size: 85 GR

Number of Servings per Package: 53

Amount Per Serving

Calories: 100

Calories from Fat: 20

% Daily Value*

Total Fat 2.5 g 4%

Saturated Fat 0.5 g 4%

Trans Fat 0 g

Cholesterol 45 mg 15%

Sodium 640 mg 27%

Total Carbohydrate 4 g 1%

Dietary Fiber 0 g 0%

Sugars 1 g

Protein 15 g

	Per Srv		Per Srv
Vitamin A	0%	Vitamin C	0%

	Calcium	Iron
	2%	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
5793		10038034579305	1 X 1 X 10 LB	case

Brand	Brand Owner	GPC Description
Brakebush®	BRAKEBUSH BROTHERS INC.	Chicken - Prepared/Processed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.68 LB	10 LB	USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.5 IN	8.63 IN	9.25 IN	0.62365 CF	16x8	545 Days	0 FA / 0 FA

Ingredients :

INGREDIENTS: BONELESS CHICKEN BREAST MEAT WITH RIB MEAT, WATER, MODIFIED FOOD STARCH, SEASONING (POTASSIUM CITRATE, CITRIC ACID, SODIUM DIACETATE, VEGETABLE OIL), SALT, SODIUM PHOSPHATES, COATING INGREDIENTS: SUGAR, YELLOW CORN FLOUR, WHEAT FLOUR, SALT, GARLIC POWDER, ROMANO CHEESE (PART SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), DEHYDRATED ONIONS, CORN STARCH, SPICES, MALTODEXTRIN, PAPRIKA, CARAMEL COLOR, SOYBEAN OIL, SODIUM ALGINATE, DEFATTED SOY FLOUR, BAKING POWDER (BAKING SODA, CORN STARCH, SODIUM ALUMINUM SULFATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE), CALCIUM SILICATE (ANTICAKING AGENT), AUTOLYZED YEAST EXTRACT, DEXTROSE, GRILL FLAVOR (FROM PARTIALLY HYDROGENATED COTTONSEED AND SOYBEAN OILS), WHEAT STARCH, HONEY SOLIDS, BEEF, BEEF FAT.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	Nuts - N

Handling Suggestions :

Keep frozen

Benefits :

5793- Italian style fully cooked grilled chicken breast strips with rib meat, Coated with seasoning, Caramel color added

Serving Suggestions :

For recipe ideas contact your Brakebush Sales Representative or call 800-933-2121.

Prep & Cooking Suggestions :

PREPARATION: COOK TO A MINIMUM OF 165° F. FOR BEST RESULTS COOK ON PREHEATED GRILL AT 400°F. AND GRILL 5-10 MIN., TURNING ONCE. ALTERNATE METHODS: BROIL IN PREHEATED BROILER FOR 6-10 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350°F. FOR 5-10 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400°F FOR 9-12 MIN. MICROWAVE ON HIGH ABOUT 1-2 MIN. PER SERVING, ROTATE ONCE. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

More Information :

3 oz. equals a serving.

For more information call 800-933-2121