



Chicken, FC Popcorn Chicken, All Breast Fritter



Product Last Saved Date:13 May 2016

Nutrition Facts

Serving Size: 85 GR

Number of Servings per Package: 53

Amount Per Serving

Calories: 210

Calories from Fat: 70

% Daily Value*

Total Fat 8 g 13%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

Cholesterol 25 mg 9%

Sodium 510 mg 21%

Total Carbohydrate 24 g 8%

Dietary Fiber 2 g 8%

Sugars 0 g

Protein 10 g

	Per Srv	Per Srv
Vitamin A	0%	Vitamin C 0%
Calcium	0%	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
5571		10038034557105	1 X 1 X 10 LB	case

Brand	Brand Owner	GPC Description
Brakebush®	BRAKEBUSH BROTHERS INC.	Chicken - Prepared/Processed

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.68 LB	10 LB	USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.5 IN	8.63 IN	8.75 IN	0.58994 CF	16x8	545 Days	0 FA / 0 FA

Ingredients :

INGREDIENTS: CHICKEN BREAST MEAT WITH RIB MEAT, WATER, SALT, SODIUM PHOSPHATES, BREADED WITH BLEACHED WHEAT FLOUR, SALT, PARTIALLY HYDROGENATED SOYBEAN OIL, SPICES, ONION POWDER, GARLIC POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), AUTOLYZED YEAST EXTRACT, DRIED YEAST, SUGAR, PAPRIKA EXTRACT (COLOR), ANNATTO EXTRACT (COLOR), BREADED WITH ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, SPICES, SOYBEAN OIL, GARLIC POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), YELLOW CORN FLOUR, EXTRACTIVES OF PAPRIKA, NATURAL FLAVOR, BATTERED WITH WATER, ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED FOOD STARCH, YELLOW CORN FLOUR, SALT, GARLIC POWDER, DEXTROSE, SPICES, EXTRACTIVES OF PAPRIKA, CELLULOSE GUM (SODIUM CARBOXYMETHYLCELLULOSE), SOYBEAN OIL, SODIUM ALGINATE, NATURAL FLAVORS, PREDUSTED WITH ENRICHED BLEACHED WHEAT AND DURUM FLOURS (ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GARLIC POWDER, SOYBEAN OIL, SPICES, SALT, YELLOW CORN FLOUR, EXTRACTIVES OF PAPRIKA, NATURAL FLAVOR.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Peanuts - N
Soy - N	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	Nuts - N

Handling Suggestions :

Keep frozen

Benefits :

5571-Popcorn Chicken FULLY COOKED Boneless Chicken Breast Fritters with Rib Meat

Serving Suggestions :

For recipe ideas contact your Brakebush Sales Representative or call 800-933-2121.

Prep & Cooking Suggestions :

PREPARATION: COOK TO A MINIMUM OF 165° F. FOR BEST RESULTS - DEEP FRY AT 350° F FOR 2-5 MIN. ALTERNATE METHOD - BAKE IN SINGLE LAYER IN PREHEATED CONVECTION OVEN AT 350° F FOR 10-13 MIN. BAKE IN SINGLE LAYER IN PREHEATED CONVENTIONAL OVEN AT 400° F FOR 15-25 MIN. MICROWAVE ON HIGH ABOUT 1-3 MIN. ADJUST TIMES TO QUANTITY BEING COOKED AND EQUIPMENT USED. DO NOT OVERCOOK.

More Information :

3 oz. equals a serving

For more information call 800-933-2121