



# Stouffer's Stuffed Cabbage 4 x 92 ounces

Seasoned beef, long grain rice and spices rolled into tender cabbage leaves and topped with rich, chunky tomato sauce.

0g Trans Fat per serving. Holds well for buffet or deli take-out service.

Nestlé Code: 11000340

Nestlé Case Code: 10013800300130



## NUTRITIONAL VALUE

### Ingredients

WATER, COOKED BEEF, CABBAGE, TOMATO PUREE (WATER, TOMATO PASTE), TOMATOES (DICED TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), SEASONING (WATER, SUGAR, SALT, DEHYDRATED SOY SAUCE POWDER [SOY SAUCE {WHEAT, SOYBEANS, SALT}, MALTODEXTRIN, SALT]), YEAST EXTRACT, CARAMEL COLOR), COOKED ENRICHED RICE (WATER, RICE, FERRIC PHOSPHATE, NIACIN, THIAMINE MONONITRATE, FOLIC ACID), ONION, 2% OR LESS OF: SOYBEAN OIL, BREAD CRUMBS

### Allergens

MILK, SOY, WHEAT

(BLEACHED WHEAT FLOUR, SUGAR, CANOLA OIL, SALT, YEAST), MODIFIED CORNSTARCH, SUGAR, WHEY PROTEIN CONCENTRATE, DEHYDRATED ONIONS, POTASSIUM CHLORIDE, NATURAL FLAVOR, BLEACHED WHEAT FLOUR, SALT, SPICES. CONTAINS: MILK, SOY, WHEAT INGREDIENTS.

### Nutritional Fact

	Per 1 Cabbage Roll & Sauce (217 g)	Daily Value (%)	Per 100 g
Calories	200 calories		93 calories
Calories from Fat	80 calories		36 calories
Total Fat	9 g	14	4 g
Saturated Fat	3 g	15	1.30 g
Trans Fat	0 g		0.10 g
Cholesterol	25 mg	8	13 mg
Sodium	590 mg	25	273.00 mg
Carbohydrate	21 g	7	9.70 g
Dietary Fiber	2 g	8	0.90 g
Sugars	7 g		3.10 g
Protein	9 g		4.50 g
Vitamin A		4	110.00 IU
Vitamin C		6	1.70 mg
Calcium		4	19 mg
Iron		6	0.60 mg
Potassium			252.00 mg
Polyunsaturated Fat			0.70 g
Monounsaturated Fat			1.30 g

% daily values are based on a 2000 calorie diet

## PREPARATION & STORAGE

## Preparation

For food safety & quality, read and follow these COOKING INSTRUCTIONS to ensure that product reaches an internal temperature of 160°F. Cooking time may vary based on equipment and quantity cooked in equipment. Check for doneness using a thermometer. CONVECTION OVEN 325°F (Preheated): Cook Frozen (0°F) product for 1 hr. and 10-15 min./Thawed (40°F or less) product for 35-40 min. Tent lid. Place product on a baking sheet. During last 10-15 minutes, gently rotate cabbage rolls and spoon with sauce; replace lid. CONVENTIONAL OVEN 400°F (Preheated): Cook Frozen (0°F) product for 1 hr. and 35-40 min./Thawed (40°F or less) product for 50-55 min. Tent lid. Place product on a baking sheet. During last 10-15 minutes, gently rotate cabbage rolls and spoon with sauce; replace lid. COMBI-OVEN 325°F Full Fan Preheated: Cook Frozen (0°F) product 35-40 minutes / Thawed (40°F) product 25-30 minutes. Tent lid. Place tray on baking sheet. Halfway through cooking, rotate cabbage rolls and spoon with sauce; replace lid. LOW PRESSURE STEAMER 5-7 lb PSI: Cook Thawed (40°F or less) product for 45-50 min. Do not loosen lid. MICROWAVE OVEN 1100 watt: Cook Thawed (40°F or less) product - 1 Cabbage Roll with Sauce 50% Power 4 1/2 - 5 min. Heat loosely covered in a microwave-safe dish; spoon sauce over cabbage roll during cooking. NOTE: Product must be cooked to an Internal temperature of 160°F. Spoon sauce over each cabbage roll after cooking and before serving. Product may be thawed in the refrigerator (40°F) up to 48 hours prior to cooking. DO NOT REFREEZE.

## Storage

- Storage Temperature: Frozen < 34°F
- Shelf Life in Days: 720

# PRODUCT SPECIFICATIONS

## Packaging Information

Pack Size	4x92 oz
Pack Yield	92 oz (5-3/4 lb)
Case Yield	368 oz (23 lb)
Servings Per Case	48

Net Weight	23 lbs
Gross Weight	25.53 lbs
Case Height	4.7 in
Case Width	13.2 in
Case Length	20.8 in
Case Cube	0.747 ft <sup>3</sup>
Cases Per Layer	7
Layers Per Pallet	13
Total Cases Per Pallet	91

## SERVINGS SUGGESTIONS

### Suggestions

For a delicious entrée, layer sauerkraut over cabbage rolls before baking; stir into sauce before serving for a Hungarian style entree. Top with a dollop of sour cream; garnish with chopped chives.

### Meal Requirements

Serving Size	1 + sauce
Meat or Meat Alternate	1 oz.
Vegetable or Fruit	0.5 cup
Purchase Unit	4 x 92 oz.
Servings Per Purchase Unit	48
Purchase Units Per 100 Servings	2.1 cases

## Stouffer's

Stouffer's provides real food crafted from the very best ingredients. Capturing honest, authentic tastes and true, reliable performance. Food service operators and consumers cite Stouffer's as the best tasting, most trusted, and most loved frozen

entrée and sides brand—the #1 market share in food service.  
With real food, you will see real results.

