



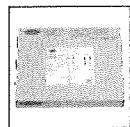
# Stouffer's Creamed Spinach 4 x 96 ounces - pouch

Fresh, green spinach leaves combined with diced onions in a lightly seasoned, creamy sauce.

Ideal as-is or as a base for a signature item. No artificial flavors. Contains 0 g Trans Fat per serving. A good source of Vitamin A and Calcium.

**Nestlé Code:** 12204402

**Nestlé Case Code:** 10013800304084



## NUTRITIONAL VALUE

### Ingredients

SPINACH, SKIM MILK, SOYBEAN OIL, WATER, 2% OR LESS OF BLEACHED WHEAT FLOUR, MODIFIED CORNSTARCH, DEHYDRATED ONIONS, SALT, SEASONING (MALTODEXTRIN, NONFAT DRY MILK, SALT, BUTTER [CREAM, ANNATTO], ENZYME MODIFIED MILK FAT, ASCORBIC ACID, CALCIUM LACTATE, DISODIUM PHOSPHATE, FLAVORING, LACTIC ACID, MODIFIED CORNSTARCH, SODIUM CASEINATE, WHEY PROTEIN CONCENTRATE), WHEY, WHEY PROTEIN CONCENTRATE, SPICES, XANTHAN GUM, SEASONING (WHEAT STARCH,

### Allergens

MILK, WHEAT

EXTRACTS OF ANNATTO AND TURMERIC COLOR,  
NATURAL FLAVOR). CONTAINS: MILK, WHEAT  
INGREDIENTS.

### Nutritional Fact

	Per 1/2 cup (129 g)	Daily Value (%)	Per 100 g
Calories	180 calories		137 calories
Calories from Fat	130 calories		100.88 calories
Total Fat	14 g	22	11.20 g
Saturated Fat	2 g	10	1.70 g
Trans Fat	0 g		0.20 g
Cholesterol	0 mg	0	1.00 mg
Sodium	450 mg	19	349 mg
Carbohydrate	9 g	3	7.40 g
Dietary Fiber	2 g	8	2.00 g
Sugars	3 g		2.10 g
Protein	4 g		3.50 g
Vitamin A		15	1006 IU
Vitamin C		4	1.50 mg
Calcium		15	122 mg
Iron		8	1.10 mg
Potassium			226 mg
Polyunsaturated Fat	8 g		6.30 g
Monounsaturated Fat	3 g		2.60 g

% daily values are based on a 2000 calorie diet

## PREPARATION & STORAGE

Preparation

Storage

For food safety and quality, follow cooking instructions: Cook product to an internal temperature of 165°F.

- Storage Temperature: Frozen < 34°F
- Shelf Life in Days: 720

**BOILING WATER:** Place pouch in boiling water; rotate several times during cooking. Carefully remove using tongs. Cook FROZEN (0°F) product for 50-55 min./THAWED (40°F or less) product for 35-40 min.

**LOW PRESSURE STEAMER 5-7 lb. PSI:** Place pouch on perforated steamtable pan. Carefully remove using tongs. Cook FROZEN (0°F) product for 35-40 min./THAWED (40°F or less) product for 20-25 min.

**MICROWAVE OVEN 1100 WATT:** Pour into microwave-safe container; cover loosely. Stir during cooking. Cook one Pouch THAWED (40°F or less) product on High Power for 12-14 min.

If thawing, product must be thawed under refrigeration (40°F) for no more than 48 hours prior to cooking. DO NOT REFREEZE.

## PRODUCT SPECIFICATIONS

### Packaging Information

Pack Size	4x96 oz
Case Yield	384 oz (24 lb)
Servings Per Case	84
Net Weight	24 lbs
Gross Weight	25.7 lbs
Case Height	6.25 in
Case Width	11.2 in
Case Length	17.2 in
Case Cube	0.697 ft <sup>3</sup>
Cases Per Layer	9
Layers Per Pallet	9
Total Cases Per Pallet	81

## SERVINGS SUGGESTIONS

### Suggestions

Make a quick tasty Creamed Spinach soup by adding milk and seasonings. Garnish with sliced or chopped hard cooked egg. For a florentine casserole; add cooked, diced chicken or fish, al denté pasta and julienne carrots; top with shredded cheese before baking. Combine with shredded Mozzarella Cheese and Cream Cheese; season with Parmesan Cheese, onion powder, garlic powder and pepper. Serve hot or chilled as a dip for fresh cut vegetables, assorted crackers and bread sticks.

### Meal Requirements

Serving Size	1/2 cup (129 g)
Purchase Unit	4x96 oz.
Servings Per Purchase Unit	84
Purchase Units Per 100 Servings	1.1 cases

## Stouffer's



Stouffer's provides real food crafted from the very best ingredients. Capturing honest, authentic tastes and true, reliable performance. Food service operators and consumers cite Stouffer's as the best tasting, most trusted, and most loved frozen entrée and sides brand—the #1 market share in food service. With real food, you will see real results.