Seviroli Foods
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STUFFED SHELLS (2.0 oz)

Product Description: **Seviroli**
Item #: 78134 (10 lbs.)
PC, IQF (Individually Quick Frozen)

INGREDIENTS: Enriched Semolina Flour (Semolina Flour [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Ricotta Cheese (Pasteurized Milk, Pasteurized Whey, Pasteurized Cream, Vinegar, Salt), Pasteurized Whole Eggs, Modified Food Starch (Corn), Romano Cheese (Pasteurized Cow's and/or Sheep's Milk, Cheese Culture, Salt, Enzymes), Sea Salt, Fiber (Cellulose and Psyillium Powder), Heavy Cream, Parsley, Spices, Turmeric, Stabilizers (Carrageenan, Xanthan Gum, Locust Bean Gum, Guar Gum).

CONTAINS: WHEAT, MILK, EGGS

FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS. NOTE: COOKING EQUIPMENT MAY VARY AND COOK TIME MAY REQUIRE ADJUSTING.

COOKING INSTRUCTIONS: Cover bottom of baking dish with your favorite sauce. Place Stuffed Shells with a half inch of space between each one, cover with sauce. If frozen, bake in 375 °F oven for approximately 45 minutes. If thawed, bake for only 25 minutes. Cook until reaching a minimum internal temperature of 165°F for at least 15 seconds.

Nutrition Facts

Serving Size 2 Pieces (113g)
Servings Per Container About 40

Amount Per Serving	
Calories 190	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 25mg	**8%**
Sodium 360mg	**15%**
Total Carbohydrate 31g	**10%**
Dietary Fiber 2g	**8%**
Sugars 2g	
Protein 8g	

Vitamin A 2% • Vitamin C 2%
Calcium 15% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Prepared by: _____

Verified by: _____

Reviewed by: _____

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