



Sevioli Foods
 601 Brook Street, Garden City, NY 11530
 Tel.: 516-222-6220
 FAX: 516-222-0534

Gnocchi

Product Description: **Sevioli**
Item #: 74847-76921 (10 lb.)
IQF (Individually Quick Frozen)

INGREDIENTS: Potato Flakes (Dehydrated Potatoes), Water, Enriched Durum Flour (Durum Flour {Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid}), Potato Starch, Salt, Beta Carotene.

CONTAINS: WHEAT, MAY CONTAIN TRACES OF MILK, EGGS

FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS. NOTE: COOKING EQUIPMENT MAY VARY AND COOK TIME MAY REQUIRE ADJUSTING.

COOKING INSTRUCTIONS: Add frozen Gnocchi into boiling, lightly salted water. Cook at simmer. In about 2 minutes, as the pieces cook, they will float to the top, remove IMMEDIATELY with a slotted spoon. Cook until reaching a minimum internal temperature of 165°F for at least 15 seconds. Serve with your favorite sauce or with plain butter or grated cheese.

Nutrition Facts	
Serving Size 1 cup (123g)	
Servings Per Container about 37	
Amount Per Serving	
Calories 240	Calories from Fat 5
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Total Carbohydrate 54g	18%
Dietary Fiber 4g	16%
Sugars 1g	
Protein 6g	
Vitamin A 2%	• Vitamin C 50%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Prepared by: _____

Verified by: _____

Reviewed by: _____

Proprietary and Confidential



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Nutrition Facts		
Serving Size 1 cup (100g) Servings Per Container		
Amount Per Serving		
Calories 200	Calories from Fat 5	
% Daily Value*		
Total Fat 0g	0%	
Saturated Fat 0g 0%		
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 400mg	17%	
Total Carbohydrate 44g	15%	
Dietary Fiber 3g 12%		
Sugars 1g		
Protein 5g		
Vitamin A 2% • Vitamin C 45%		
Calcium 2% • Iron 4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Saturated Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

100g information

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