



Sevioli Foods
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Nutrition Facts	
Serving Size 2 Pieces (156g)	
Servings Per Container About 30	
Amount Per Serving	
Calories 250	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 1040mg	43%
Total Carbohydrate 28g	9%
Dietary Fiber 2g	8%
Sugars 3g	
Protein 11g	
Vitamin A 2%	• Vitamin C 0%
Calcium 20%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Prepared by: _____

Verified by: _____

Reviewed by: _____

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