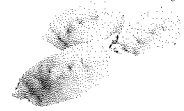




GOLDEN TIGER-GOURMET VEGETABLE POTSTICKER

1OZ - 1/120ct Bulk

Product is 1 oz half-moon (crescent) shaped, frozen, fully cooked dumpling with a flat bottom and is stuffed with vegetables filling. The wrapper has a light yellowish cream color appearance.



Product Last Saved Date: 17 February 2016

Nutrition Facts

Serving Size: 142 GR
Number of Servings per Package: 23

Amount Per Serving:

Calories: 210 **Calories from Fat:** 25

% Daily Value*

Total Fat	3 g	5%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	570 mg	24%
Total Carbohydrate	40 g	13%
Dietary Fiber	3 g	12%
Sugars	4 g	
Protein	6 g	

Vitamin A 40%	Vitamin C 15%
Calcium 2%	Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9	Carbohydrate 4	Protein 4
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Product Specifications:

Code	GTIN	Pack	Pack Description
56228	30076366562286	120 X 1 OZ	

Brand	Brand Owner	GPC Description
GOLDEN TIGER	Ajinomoto Windsor, Inc.	Sandwiches/Filled Rolls/Wraps (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9 LB	7.50 LB	USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.0625 IN	9.875 IN	5.6875 IN	0.522 CF	12x7	365 Days	-10 FA / 15 FA

Ingredients :

Ingredients: Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Cabbage, Celery, Carrots, Water Chestnut, Green Beans, Bamboo Shoot, Onion, Contains Less Than 2% Of: Rice Flour, Seasoning Blend (Dextrose, Dehydrated Soy Sauce [Soy Sauce (Wheat, Soybeans, Salt), Maltodextrin, Salt], Modified Corn Starch, Garlic Powder, Spice, Natural Flavor Enhancer [Autolyzed Yeast Extract, Natural Flavor], Dried Shiitake Mushroom Powder, Disodium Inosinate, Disodium Guanylate, Soybean Oil), Vermicelli (Green Mung Beans, Water), Salt, Soybean Oil, Rice (Precooked Parboiled), Sugar, Natural Flavor (Contains Torula Yeast), Modified Corn Starch, Sesame Seed Oil, Shiitake Mushrooms (Water, Shiitake Mushrooms), Dried Portabella Mushroom Powder, Soy Sauce (Water, Soybeans, Salt, and Wheat Flour), Garlic, Spice; Contains: Wheat, Soy.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	Nuts - N

Handling Suggestions :

Benefits :

Vegan; Versatile with multiple menu applications from soups and salads to appetizers and entrees. Authentic Taste. Potstickers can be steamed, fried, pan-fried or microwaved.

Serving Suggestions :

Serve as an appetizer with a dipping sauce or as a side item to an Entree or Asian Salad

Prep & Cooking Suggestions :

Heating Instructions; (1250 watts) : Place frozen Potstickers on a microwave-safe dish with 2 tablespoons of water and cover with plastic wrap. Allow 40 seconds per Potsticker. ; Heating time may vary with equipment. ; Preheat Fryer to 350°F. Fry Semi-thawed Potstickers for 3 - 4 minutes. ; Cook from Frozen Potstickers in boiling water for 4 - 5 minutes. ; Pan-Fry Method: Place 2 tsp. Vegetable oil in a medium hot pan (preferably Teflon coated). Place frozen Potstickers in pan, bottom side down. When bottom is golden brown, add 1/2 cup of water. Cover and steam for 3 minutes. ; From frozen: 7 - 8 minutes.

Additional Images :

