



## NUTRITION PROFILE

Product: **GINGER, GROUND**  
Sales Code(s): **1440, 1441, 6250, 6260**

NUTRIENT	UNITS	AMOUNT per 100 Grams
Calories	Kcal	347.00
Protein	grams	9.12
Fat- Total	grams	5.95
Fat- Saturated	grams	1.94
Calories from Fat	Kcal	53.55
Cholesterol	mg	0
Trans Fatty Acids	grams	0
Carbohydrate	grams	70.79
Dietary Fiber	grams	12.50
Sugars	grams	3.39
Sodium	mg	32.00
Calcium	mg	116.00
Phosphorus	mg	148.00
Potassium	mg	1,343.00
Iron	mg	11.52
Thiamine	mg	0.05
Riboflavin	mg	0.19
Niacin	mg	5.16
Vitamin A	I.U.	147.00
Vitamin C	mg	7.00

*The above nutritional information was derived from USDA references and may be supplemented by information provided by our ingredient suppliers. This data is based on currently available calculated data. Final nutritional labeling responsibility rests with the finished product manufacturer.*

Date Issued: July 29, 2008

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