

Product Information



Nutrition Facts

Serving Size 1 Muffin (120g)
Servings Per Container 48

Calories 420
Calories from Fat 130

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 15g	23 %	Total Carbohydrate 65g	22 %
Saturated Fat 2.5g	13 %	Dietary Fiber 1g	5 %
Trans Fat 0g		Sugars 39g	
Cholesterol 35mg	12 %	Protein 7g	
Sodium 340mg	14 %		
Vitamin A 0%	Vitamin C 0%	Calcium 2%	Iron 10%
Thiamin 20%	Riboflavin 15%	Niacin 10%	Folic Acid 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BANANAS, MALTODEXTRIN, VEGETABLE OIL (SOYBEAN AND CANOLA OILS), WATER, EGGS, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: PECANS, WALNUTS, MONO- AND DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, MODIFIED CORN STARCH, NATURAL FLAVORS, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), CORN STARCH, SALT, POTASSIUM SORBATE (PRESERVATIVE), SOY LECITHIN, SOY FLOUR.
ALLERGEN STATEMENT: CONTAINS WHEAT, EGGS, PECANS, WALNUTS AND SOY