



NUTRITION PROFILE

Product: **CINNAMON, GROUND**
Sales Code(s): **1235, 1240, 1241, 5750, 5760, 5790,
5800, 5810, 5820**

NUTRIENT	UNITS	AMOUNT per 100 Grams
Calories	Kcal	247.00
Protein	grams	3.99
Fat- Total	grams	1.24
Fat- Saturated	grams	0.35
Calories from Fat	Kcal	11.16
Cholesterol	mg	0
Trans Fatty Acids	grams	0
Carbohydrate	grams	80.59
Dietary Fiber	grams	53.10
Sugars	grams	2.17
Sodium	mg	10.00
Calcium	mg	1,002.00
Phosphorus	mg	64.00
Potassium	mg	431.00
Iron	mg	8.32
Thiamine	mg	0.02
Riboflavin	mg	0.04
Niacin	mg	1.33
Vitamin A	I.U.	295.00
Vitamin C	mg	3.80

The above nutritional information was derived from USDA references and may be supplemented by information provided by our ingredient suppliers. This data is based on currently available calculated data. Final nutritional labeling responsibility rests with the finished product manufacturer.

Date Issued: July 24, 2008

1440 KENTUCKY AVE. ST. LOUIS, MO 63110
PHONE 314-535-9020 FAX 314-535-7227