



KONTOS FOODS INC.
 PO BOX 628, PATERSON, NJ 07544
 Tel. 973.278.2800 | info@kontos.com

Dolmades 6/2kg

Product Code: 70005

Our dolmades are traditionally cooked using delicate grape leaves filled with a savory rice stuffing. Perfect for a flavorful appetizer or served with salads or for a tasty snack.



Pack	Foodservice	Portion Size	3.5 pcs. (110g)
Pack Weight	4 lbs. 3.75 oz. (2kg)	Portion/Case	108
Case Pack	6/1	EAN Code	
UPC code	0-32394-70005-1	Ship Weight	31 lbs.
Net Weight	26.25 lbs.		

Length	18.50	Pallet Tie	7
Width	12	Pallet Height	12
Height	5	Pallet Case per	84
Case Cube	0.64		
Storage Temp	Dry	Kosher Certificate	Yes Pareve
Shelf Life Ambient	One-year	Halal Certificate	No
Shelf Life Refrigerated	—		
Shelf Life Frozen	—		
Case Coding	Julian (Manufacture Date)		

Ingredients Rice (20%), Vine Leaves (10%), Onions, Soya Oil, Salt, Dill, Mint, Black Pepper, Acidity Regulator, Citric Acid.

Allergens
 Caution

Nutritional Information

Nutrition Facts	
Serving Size 3.5 pcs. (110g)	
Servings Per Container 18	
Amount Per Serving	
Calories 160	Calories from Fat 72
% Daily Value*	
Total Fat 8g	12.31%
Saturated Fat 1.3g	6.5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 726mg	30.25%
Total Carbohydrate 20g	6.67%
Dietary Fiber 5g	20%
Sugars 2g	
Protein 2g	4%
Vitamin A	9%
Vitamin C	8%
Calcium	7%
Iron	14%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

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