



## Nutrition Facts

Serving Size: 30 GR

Servings Per Container: 142

### Amount Per Serving

Calories: 120

Calories from Fat: 10

### % Daily Value\*

Total Fat 1 g 2%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 290 mg 12%

Total Carbohydrate 24 g 8%

Dietary Fiber 1 g 4%

Sugars .5 g

Protein 3 g

	Per Srv		Per Srv
Vitamin A	0%	Vitamin C	0%

Calcium	0%	Iron	6%
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\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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## Product Specifications:

Code	GTIN	Pack	Pack Description	Serving/Case
22932	20077975022935	15 X 10 OZ		142

Brand	Brand Owner	GPC Description
SNYDER'S OF HANOVER	Snyder's-Lance, Inc.	Chips/Crisps/Snack Mixes - Natural/Extruded (Shelf Stable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.875 LB	9.375 LB	USA	Yes	No

## Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.9375 IN	12 IN	10.625 IN	1.176 CF	10x9	126 Days	60 FA / 70 FA

## Ingredients :

Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, canola oil, salt, potato flour, wheat gluten, oat fiber, yeast and soda. CONTAINS: WHEAT

## Handling Suggestions :

Available in 12oz bags and bulk foodservice packs. To be stored in a cool, dry place with recommended temperature not to exceed 70F and relative humidity less than 60%.

## Benefits :

Made with enriched wheat flour, only 1 gram of fat per serving, cholesterol free, 0g trans fat

## Serving Suggestions :

Perfect for lunches, or as a snack by itself. Also great for decorative chocolate dipping.

## Prep & Cooking Suggestions :

Ready to serve and enjoy!

## More Information :

Please contact your Snyder's-Lance sales representative or call our Customer Service department at 1-888-722-1163 ext. 8313.